

Welcome to the
Balance in Life Spa

Indulge yourself with a visit to Casino Rama Resort's Balance in Life Spa, located on the third floor of our luxury hotel. Our professional and highly skilled team of estheticians and registered massage therapists provide a full complement of spa services including manicures, pedicures, facials and massages. We also have unique and memorable signature treatments for you to discover.

Your treatment includes complimentary use of spa facilities and we welcome both hotel guests and those who are not staying at the hotel. Please note, a minimum of \$45 in services must be booked for non-hotel guests to use the spa facilities. We look forward to seeing you!

To make a reservation
please contact us at (705) 238-5933.

SPA HOURS:

Sunday to Thursday 9am-7pm, Friday/Saturday 9am-9pm

POOL AND GYM HOURS: 7am-10pm, daily

ADULT SWIM HOURS: 7am-8am & 9pm-10pm, daily



spa menu

Massage & Body Treatments

Our registered massage therapists provide a customized treatment to meet your needs. Whether you wish to focus on problem areas, or you are in need of head-to-toe relaxation, you can rest assured you are in good hands.

30 min.....	\$75
60 min.....	\$130
75 min.....	\$155

Tailored To You Signature Massage 75 min..... \$170

Upgrade your massage with two enhancements to make this a truly tailored treatment.

Hot Stones
Paraffin Heat Treatment on Hands
Paraffin Heat Treatment on Feet
Back Exfoliation

Hot Stone Massage 60 min..... \$150

Melt away tension and stress through the comforting warmth of heated stones.

Body Polish 60 min..... \$130

A thorough exfoliation using Eminence organic products. After rinsing off, a soothing application of oil or lotion hydrates and protects the skin.

Body Polish Plus Massage 90 min..... \$185

Total body renewal is the best way to describe this treatment. A thorough exfoliation is followed by a therapeutic massage to leave you refreshed and relaxed.



Facials

Essential Facial 45 min..... \$110

This time convenient facial provides the TLC your skin needs and leaves you refreshed and glowing. A great introduction to the Eminence product line.

The Eminence Experience Facial 60 min..... \$135

As unique as you are, this completely customized facial will deliver incredible results using the extensive range of Eminence Organics products. An arm, hand and scalp massage completes the experience.

Tailored To You Facial 75 min..... \$160

Your facial, your way. Choose two enhancements to make this a truly tailored treatment.

- Paraffin Heat Treatment on Hands
- Paraffin Heat Treatment on Feet
- Eye and Lip Treatment
- Heated Mask
- Brow or Lip Wax

Completely Balanced Signature Treatment 105 min..... \$210

This is truly the ultimate facial experience. We begin this treatment with a back facial. While your back masque is on, we continue the indulgence with a fully customized facial, including your choice of: an eye and lip treatment OR paraffin heat treatment on your hands and feet.

Eyelash Tint \$30

Eyebrow Tint \$25

Lash and Brow Tint Combined \$45



Nail Treatments

True Balance Manicure 45 min..... \$60

35 min..... \$55 (no polish)

This treat for your hands includes a soak, buff and shape, cuticle clean up and hand scrub. Ending with a relaxing hand and arm massage and polish application.

Express Manicure 30 min..... \$45

Our express manicure includes soak, shape, cuticles, application of hand lotion and polish application.

Shellac Manicure 45 min..... \$65

Shellac Removal \$12

A thorough dry manicure is followed by Shellac nail polish with long lasting wear and instant dry time for your convenience.

**Please note we cannot remove gel or acrylic polish.*

True Balance Pedicure 60 min..... \$70

50 min..... \$65 (no polish)

Relax while your feet are soaked, nails shaped, cuticles cleaned and calluses removed. A gentle scrub is applied to soften the skin, while massage melts away tension in the feet and legs. Finishing with your choice of polish application.

Ultimate Pedicure 75 min..... \$95

Your feet are spoiled with all the luxuries of the True Balance pedicure plus a hydrating masque and paraffin treatment.

Express Pedicure 40 min..... \$60

Includes soak, cuticles, light foot filing, application of lotion and polish application.

Shellac Pedicure 60 min..... \$75

Shellac Removal \$12

Your feet and nails are cared for and expertly prepared for an application of Shellac polish featuring long lasting wear and instant dry time for your convenience.

Enhancements:

French Polish \$10

Paraffin Treatment \$20



Waxing

Eyebrow \$20
Chin \$15
Bikini \$35
Full Leg \$70
Full Arm \$50
Full Back \$70

Lip \$15
Underarm \$25
Half Leg \$45
Half Arm \$30
Half Back \$45
Chest \$50

Packages

Essence \$120

True Balance Manicure
True Balance Pedicure

Balance \$245

True Balance Manicure
True Balance Pedicure
The Eminence Experience Facial OR 60 Minute RMT Massage

Indulgence \$325

Body Polish Plus Massage
Tailored to You Facial

